

Swimming JULY 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	01	02	03	04	05
		11a-2p Public Swim	7a-8a Aquafit	11a-12p Aquafit	7a-8a Lane Swim	10a-11a Pool Games
			11a-12p Aquafit	2:30p-4p Public Swim	11a-12p Aquafit	11a-2p Public Swim
			2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	
			6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	
			7:30p-8:30p Lane Swim			
06	07	08	09	10	11	12
10a-11a Lane Swim	7a-8a Lane Swim	2:30p-4p Public Swim	7a-8a Aquafit	2:30p-4p Public Swim	7a-8a Lane Swim	10a-11a Pool Games
11a-2p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	11a-2p Public Swim
	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	
			7:30p-8:30p Lane Swim			
13	14	15	16	17	18	19
10a-11a Lane Swim	7a-8a Lane Swim	11a-12p Aquafit	7a-8a Aquafit	11a-12p Aquafit	7a-8a Lane Swim	10a-11a Pool Games
11a-2p Public Swim	11a-12p Aquafit	2:30p-4p Public Swim	11a-12p Aquafit	2:30p-4p Public Swim	11a-12p Aquafit	11a-2p Public Swim
	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	
	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	
			7:30p-8:30p Lane Swim			
20	21	22	23	24	25	26
10a-11a Lane Swim	7a-8a Lane Swim	2:30p-4p Public Swim	7a-8a Aquafit	2:30p-4p Public Swim	7a-8a Lane Swim	10a-11a Pool Games
11a-2p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	11a-2p Public Swim
	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	
			7:30p-8:30p Lane Swim			

Swimming JULY 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01	02
10a-11a Lane Swim	7a-8a Lane Swim	2:30p-4p Public Swim	7a-8a Aquafit	2:30p-4p Public Swim		
11a-2p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim	2:30p-4p Public Swim	6p-7:30p Public Swim		
	6p-7:30p Public Swim	7:30p-8:30p Aquafit	6p-7:30p Public Swim	7:30p-8:30p Aquafit		
			7:30p-8:30p Lane Swim			